

# ABOUT THE PATIENT

Alpha Spine Health & Injury Center Lakeville, MN 55044

Name \_\_\_\_\_ Today's Date \_\_\_\_\_ Birthdate \_\_\_\_\_ Age \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Gender  M  F  
 How did you hear about us? \_\_\_\_\_ Your Employer \_\_\_\_\_  
 Type of Work \_\_\_\_\_  
 E-Mail Address \_\_\_\_\_ Have you been to a chiropractor before?  Yes  No  
 Emergency Contact \_\_\_\_\_ ph # \_\_\_\_\_

- I authorize the doctor or his staff to render care as deemed appropriate for me and / or my child.
- I authorize Alpha Spine Health & Injury Center to release and / or request records to or from other providers as may be necessary.
- I understand I am responsible for all bills incurred in this office.
- I authorize assignment of my insurance benefits (if applicable) directly to the provider.
- Person responsible for this account if other than the patient? \_\_\_\_\_
- I understand that after any initial promotional services all care is rendered at usual and customary fees.
- For my balance my preferred payment method is:  Cash  Check  Credit Card  Car/Work Ins.

**Patient / Parent Signature** \_\_\_\_\_ (This represents a long term authorization for all occasions of service) **Date** \_\_\_\_\_

# REASON FOR SEEKING CARE

## PRESENT COMPLAINTS (See pg. 2 for pain scale)

1. \_\_\_\_\_ Pain Scale 0-10 \_\_\_\_\_ How long has this been an issue? \_\_\_\_\_  
 Is it:  Dull  Sharp  Ache  Numb / Tingle  Stabbing  Constant  Occasional  Staying the same  Getting worse  
 Mild  Moderate  Severe  Worse in the morning  Worse in evening  Pain radiates to \_\_\_\_\_

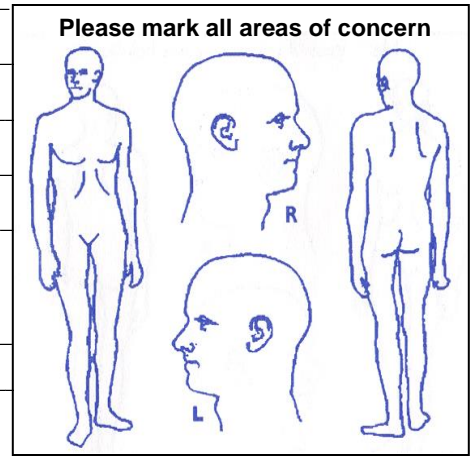
2. \_\_\_\_\_ Pain Scale 0-10 \_\_\_\_\_ How long has this been an issue? \_\_\_\_\_  
 Is it:  Dull  Sharp  Ache  Numb / Tingle  Stabbing  Constant  Occasional  Staying the same  Getting worse  
 Mild  Moderate  Severe  Worse in the morning  Worse in evening  Pain radiates to \_\_\_\_\_

3. \_\_\_\_\_ Pain Scale 0-10 \_\_\_\_\_ How long has this been an issue? \_\_\_\_\_  
 Is it:  Dull  Sharp  Ache  Numb / Tingle  Stabbing  Constant  Occasional  Staying the same  Getting worse  
 Mild  Moderate  Severe  Worse in the morning  Worse in evening  Pain radiates to \_\_\_\_\_

4. Does your condition affect:  Sleep  Work  Daily Routine  Sitting  Driving

**Are you Pregnant?**  Yes  No

5. What makes it feel better? \_\_\_\_\_  
 6. What makes it feel worse? \_\_\_\_\_  
 7. What Doctor's / Treatment have you seen for this? \_\_\_\_\_  
 \_\_\_\_\_  
 8. Results: \_\_\_\_\_



## PAST HISTORY

1. List any past auto collisions \_\_\_\_\_  
 2. List any past work injuries \_\_\_\_\_  
 3. Please list any relevant hospitalizations / surgeries / conditions / treatments \_\_\_\_\_  
 \_\_\_\_\_

# GENERAL HEALTH HISTORY

Alpha Spine Health & Injury Center Lakeville, MN 55044

Patient Name \_\_\_\_\_ *Mark the conditions that apply to you.*

- | Past                     | Present                  |                         | Past                     | Present                  |                                  |
|--------------------------|--------------------------|-------------------------|--------------------------|--------------------------|----------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Headaches               | <input type="checkbox"/> | <input type="checkbox"/> | Urinary Problems                 |
| <input type="checkbox"/> | <input type="checkbox"/> | Migraines               | <input type="checkbox"/> | <input type="checkbox"/> | Heart Pacemaker                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Shortness of Breath     | <input type="checkbox"/> | <input type="checkbox"/> | Chest Pains                      |
| <input type="checkbox"/> | <input type="checkbox"/> | Allergies / Asthma      | <input type="checkbox"/> | <input type="checkbox"/> | Heart Problems                   |
| <input type="checkbox"/> | <input type="checkbox"/> | Medication Side Effects | <input type="checkbox"/> | <input type="checkbox"/> | Fibromyalgia                     |
| <input type="checkbox"/> | <input type="checkbox"/> | Diabetes                | <input type="checkbox"/> | <input type="checkbox"/> | Blood Thinner Use                |
| <input type="checkbox"/> | <input type="checkbox"/> | Hands or Feet Cold      | <input type="checkbox"/> | <input type="checkbox"/> | HIV Positive                     |
| <input type="checkbox"/> | <input type="checkbox"/> | Muscle Aches            | <input type="checkbox"/> | <input type="checkbox"/> | Cancer                           |
| <input type="checkbox"/> | <input type="checkbox"/> | Kidney Problems         | <input type="checkbox"/> | <input type="checkbox"/> | Depression                       |
| <input type="checkbox"/> | <input type="checkbox"/> | Leg / Foot Numbness     | <input type="checkbox"/> | <input type="checkbox"/> | Liver Disease                    |
| <input type="checkbox"/> | <input type="checkbox"/> | Fainting                | <input type="checkbox"/> | <input type="checkbox"/> | ___High or ___Low Blood Pressure |
| <input type="checkbox"/> | <input type="checkbox"/> | Gallbladder Trouble     | <input type="checkbox"/> | <input type="checkbox"/> | Stroke History                   |
| <input type="checkbox"/> | <input type="checkbox"/> | Tension / Irritability  | <input type="checkbox"/> | <input type="checkbox"/> | High Cholesterol                 |
| <input type="checkbox"/> | <input type="checkbox"/> | Ear Problems            | <input type="checkbox"/> | <input type="checkbox"/> | TMJ                              |
| <input type="checkbox"/> | <input type="checkbox"/> | Sleeping Problems       | <input type="checkbox"/> | <input type="checkbox"/> | Digestive Problems               |
| <input type="checkbox"/> | <input type="checkbox"/> | Vision Problems         | <input type="checkbox"/> | <input type="checkbox"/> | Pain all Over                    |
| <input type="checkbox"/> | <input type="checkbox"/> | Thyroid Problems        | <input type="checkbox"/> | <input type="checkbox"/> | Osteoporosis / Osteomalacia      |
| <input type="checkbox"/> | <input type="checkbox"/> | Tobacco Use             | <input type="checkbox"/> | <input type="checkbox"/> | Other _____                      |

- List any medications you are taking: \_\_\_\_\_
- Family Doctor's Name & Clinic Name: \_\_\_\_\_

# FAMILY HISTORY

- Father's side:**  Heart Disease  Cancer  Diabetes  Heavy Medication use  Arthritis  Back/Neck Problems  
Other \_\_\_\_\_
- Mother's side:**  Heart Disease  Cancer  Diabetes  Heavy Medication use  Arthritis  Back/Neck Problems  
Other \_\_\_\_\_
- Is there any other family history you want us to know? \_\_\_\_\_

**\*Use pain scale below to rate "Present Complaints" from page 1\***

